



ESKER YOUTH ENGAGEMENT



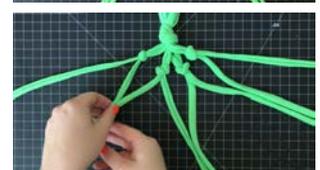
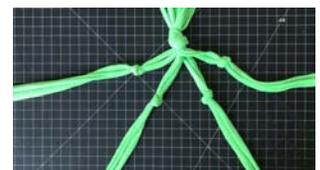
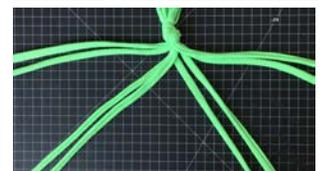
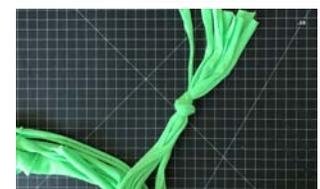
Add some plant life to your bedroom or kitchen with this hanger made by up-cycling an old T-shirt.

### ALL YOU'LL NEED:

- 🌸 An old T-shirt, preferably size Medium or larger
- 🌸 Scissors

### INSTRUCTIONS:

- 🌸 Lay your t-shirt flat. Cut 8 strips (approx. 2-3 cm wide) **horizontally**, from left to right, through both sides of the shirt. This will result in **8 loops** of fabric.
- 🌸 Cut one side of each of the loops, so you will now have **8 long strips** of fabric.
- 🌸 Gather one end of each of the strips, and **knot them** all together, leaving a 10 cm tail.
- 🌸 Lay your knot flat, and spread the strips out. Group the strips in sets of 2 to form **4 pairs**.
- 🌸 **Knot each pair together**, about 5 cm away from the first, large knot.
- 🌸 Spread out the strips again to form **new pairs**; there will be one strip remaining on the left side, and one on the right.



🌸 Knot together the 2 remaining single strips on the far left, and far right sides, and pull this pair over to one side.



🌸 Repeat this process, creating new pairs with adjacent strips, and knotting 5-7cm away from the second set of knots. If you have a larger pot/plant, repeat again.

🌸 Place your plant inside the hanger, with the bottom of the plant container resting against the first, large knot you tied.

🌸 Spread the rest of the hanger open to accommodate your plant, and tie a large knot with all of your strips above your plant's leaves/flowers, at the height you'd like to hang the planter.

🌸 Trim off any excess strips above your top knot.



### HOT TIPS:

- 🔥 If your t-shirt is made from stretchy fabric, gently pull to stretch out your strips before you begin knotting them.
- 🔥 Try using a t-shirt with wording or a print for a different look.
- 🔥 A push-pin is an easy way to hang your planter against a wall in your bedroom or kitchen.
- 🔥 Make several planters to create a hanging garden wall!

Post your plant hanger on Instagram and tag

@eskerfoundation, we'd love to see what you make 😊



For an instructional video

visit: <https://vimeo.com/eskereducation/planters>