

Sock Puppets



Sock puppets are a great project to make and play with on a rainy day! To make a sock puppet you will need:

- A pair of socks
- A small piece of cardboard
- Scissors
- Hot glue or white glue
- Colored felt or construction paper
- Buttons, googly eyes, pipe cleaners

If you have an empty shoebox or cardboard box, you can easily turn it into a little stage so your puppets can put on a play or performance.

To make a sock puppet, follow along with our how-to video at this link:

<https://vimeo.com/eskereducation/sockpuppets>

Or follow the instructions below.

We'd love to see what you make! If your puppets put on a performance, send us a photo or video to info@eskerfoundation.com or tag [@eskerfoundation](#) on Instagram or Facebook.

STEP 1: Create some structure for your puppet by giving it a mouth.

- The heel of the sock will sit on the inside of your wrist, so the sock material on the back of your hand and wrist lie flat.
- Cut a small hole across the inside of the sock (the side that's on the palm of your hand), a little bit beneath the toe of the sock.
- Lay your hand flat on a piece of cardboard and trace around the top of your fingerprints; then turn it into an oval shape by rounding out the bottom of your tracing.
- Cut out your oval, bend it in half horizontally and score it on the back using an exacto so it opens and closes easily.
- Trace your oval cardboard shape onto a coloured piece of felt or paper.

STEP 1 Contd.:

- Insert the oval shape into the toe of the sock through the hole that you cut. Glue the inside edge of the cardboard to the inner lip of the sock.
- Cut out your felt or paper oval and glue this on top of the cardboard and sock hole.

STEP 2: Create a face for your sock puppet using felt or construction paper for ears and a nose, pipe cleaner for whiskers or antennas, googly eyes or buttons for eyes. Glue these to the flat upper part of your sock.

STEP 3: If you want to create a stage for your puppets to perform, cut a rectangular opening into a shoebox or cardboard box using an exacto or box cutter. Use paper or fabric to create stage curtains. Ta da, take centre stage, your puppets are ready for their spotlight!