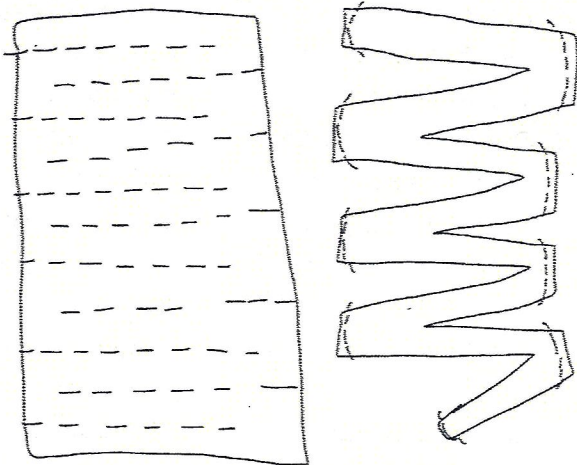


Bedsheets/linen Yarn:

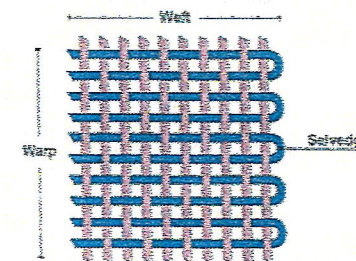
1. Cut or unpick any hems/seams
2. Cut or tear a strip across the linen, leaving 1/2 inch at the end
3. Cut or tear a strip starting at the opposite side as before, leaving around 1/2 inch at the end uncut
4. Repeat steps 2-3 until your linen is in one long strip
5. Trim any square edges to create a more even yarn (optional)



How to Weave

1. Grab a small bundle of yarn to weave with
2. Go under the first side thread (the selvedge) and over the next thread
3. Repeat going over and under until you reach the end
4. When turning your thread to go the other way, make sure you always go under the selvedge thread
5. Go over and under the opposite warp threads from the previous time weaving
6. Repeat steps 3 - 5

How to Weave Shapes

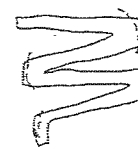
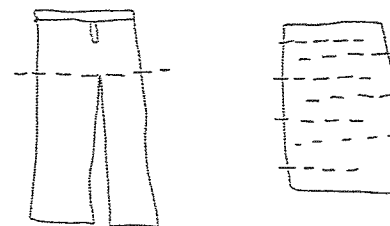
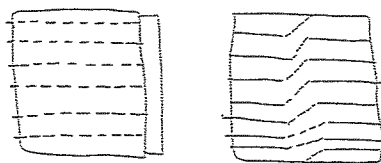
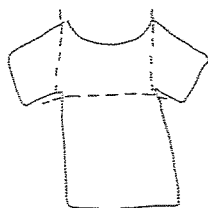


1. Put a shape behind the warp and draw shape onto warp using a marker
2. Go under the first thread and over the next thread in the shape
3. Repeat until you reach the end of the shape
4. When turning your thread to go the other way, make sure you always go under the first thread
5. Repeat steps 2-4

How to Turn Clothing Into Yarn

T Shirt Yarn:

1. Cut from underneath the armpits removing the sleeves and neckline
2. Unpick or cut away bottom hem
3. Fold square in half, leaving around an inch at the top
4. Cut equal sized strips, leaving $\frac{1}{2}$ an inch at the top uncut
5. Open the square and find the uncut strip
6. Cut diagonally starting at the bottom, connecting each strip to the one above it, creating an endless strip
7. Trim any square edges to create a more equal yarn (optional)
8. Pull and stretch the yarn (optional)
9. Repeat these steps with the sleeves and neckline



Jeans Yarn:

1. Cut the top of the jeans off, leaving you with two legs
2. Cut or pick out the hems and seams of each leg, leaving you with four rectangles
3. Cut a strip down one side of a rectangle, leaving around 1 inch at the end uncut
4. Cut a strip starting at the opposite end as before, leaving around 1 inch at the end uncut
5. Repeat steps 2-3 until your rectangle is in one long strip
6. Trim any square edges to create a more even yarn (optional)
7. Repeat steps 3-6 on your remaining rectangles